

PrepLevel
2026/2027



FORMULA ***CHEER CUBS***

65 Oakwood Rd. Lake Zurich , IL 60047
www.formulacheerinfo@gmail.com

WHO WE ARE

Founded in 2021, Formula Cheer is a D1 all-star cheerleading program dedicated to building confident, hardworking athletes in a positive and supportive environment. We pride ourselves on maintaining a safe, clean, and high-energy gym where athletes can grow both on and off the mat.

Our experienced staff brings coaching knowledge in cheerleading and tumbling, with a passion for developing strong technique, teamwork, and character.

OUR MISSION

Formula Cheer's mission is to provide an encouraging, exciting and enriching atmosphere, while teaching skills to develop strong character, positive attitudes and responsibility. The way we conduct ourselves is a direct reflection of the goals and principles of Formula Cheer.

The Formula Cheer Prep Program is a perfect introduction to the sport of all-star cheerleading that is suitable for any age and level. The program allows athletes an opportunity to participate in competitive cheerleading while offering an affordable price and a smaller time commitment. Our prep season will be available as a year-round program beginning in June and finishing in April. Prep teams are divided into four age divisions to ensure that all athletes are in the finest environment and peer group to succeed. This is the next step & level of commitment for athletes who have competed in REC, super REC, or tiny novice programs. No experience needed!



Our Guidelines:

- Athleticism
- Tumbling Ability
- Stunting Position/Ability
- Jump execution
- Leadership abilities
- Performance ability
- Acceptance of instructions

Team placements:

All athletes will make a team! Placement will be based on the technique and strength of skills at the team formation.

Teams will be created according to age, selected level and skills with athletes that benefit the teams dynamics. Thus providing an equal opportunity for the athletes to expand and develop.

Checklist:

- Create an online account on our customer portal
- Health & Membership Wavier
- Register for evaluations through customer portal
- Expectations Agreement
- Participation Agreement
- Pay authorization form
- Pay Formula Cheer Annual Membership fee \$50
- All outstanding debts must be paid in FULL prior to an evaluation.

**Evaluations
will be held on:
May 22, 2026**

Practice Information

- Tiny- Practice are 2x per week for 1.5 hours each.
- Mini, Youth and Junior- Practice are 2x per week for 2 hours each.
- Extra practice on week of competitions as needed.

Formula Cheer forms teams based off of athletes present at evaluations.

Practice times and days will be consistent unless special practices are needed to be added. Advanced notice will be given to plan accordingly. All athletes are expected to attend the additional practices during the week of scheduled competitions. ALL athletes must attend ALL practices 14 days prior to a competition, otherwise we can not guarantee the athletes position in the routine for that competition.

- Minimal time for working on advanced skills during scheduled practice times will be given.
- Team tumbling will focus on proper technique and timing of skills in routine choreography. Athletes who are not in choreographed tumbling will be given tasks to advance their level appropriate skills.
- Athlete placement is not guaranteed at anytime during the season. Athletes will be continuously evaluated on skill advancement or regression.
- Summer cheer camp, jump conditioning (fall schedule), and additional tumbling classes are optional but HIGHLY ENCOURAGED.

If you indicate that your athlete is open to placement on any level team and later express dissatisfaction with the assigned placement, adjustments will not be made.

If you select a level for which your athlete does not meet the required qualifications and indicate that you are unwilling to accept an alternative placement, we may be unable to offer a team placement for the half-season.

Additionally, if you indicate willingness for your athlete to be placed on a travel or elite team, full participation in all scheduled competitions—including The Summit, should a bid be earned—is required.

Practices in off season will have two set days during the week (June-mid August). Practices will change to one weekday and Sunday during in season (starting mid- August). Days will be consistent unless special practices are needed to be added. A reasonable notice will be given to plan accordingly. All athletes are expected to attend the additional practices, when needed.

More Information

Formula Cheer is committed to a safe and positive training facility, providing our athletes with professionally trained, motivated, USASF certified coaches. Athletes who join a team after the initial practices will have to pay a significant portion of their missed tuition to “catch up” on some of the items that are spread out over the entire season. Costs may vary depending on team and commitment level. All teams will attend local competitions.

First months tuition is due on June 1, 2026. Ensuing months will be due on the first of the month.

An additional late fee of \$20.00 will be issued after the 7th.

IMPORTANT DATES

- Evaluations: May 22, 2026
- Team Announcement: May 27, 2026
- Start of our first practice: Week of June 1, 2026 Days/ Times TBD
- Parent Meeting: June 3, 2026 or June 4, 2026 @ Time TBD
- Practice wear/Uniform sizing: June 1 or June 2, 2026 Times TBD
- Pay In full Date 5% off (Cash/ Check): June 6, 2027
- Ice Cream Social: July 31st from 12:00-1:30pm Meet your teammates/ Coaches
- Choreography: July 10th-12th
- Choreography : July 24th-26th
- Fourth of July: June 29, 2026- July 5, 2026- No practice
(Practice resumes week of July 6, 2026)
- In Season Practice Schedule begins week of: August 10, 2026
- Labor Day: September 7, 2026 No Practice
- Individual Photos: November TBD
- Thanksgiving Break: November 23- 29, 2026 No Practice
(Practice Resumes week of November 30, 2026 MANDATORY)
- Holiday Break: Dec. 21, 2026 - Jan. 3, 2027 No Practice
(Practice resumes week of Jan. 3, 2027 MANDATORY)
- Spring Break: March 22-28, 2027 No Practice
(Practice resume week of March 29, 2027 MANDATORY)
- End of the Year Show Case & Team Photos: April 17, 2027
- Uniform Return: April 26, 2027
- Team Banquet: May Day/time TBD

Extra Mandatory practices will be added in once the final competition schedule is finalized

COMPETITIONS:

NOVEMBER 14-15, 2026 NATIONS CHOICE @ MADISON, WI
JANUARY 24, 2027 MARDI GRAS CLASSIC @ TBD CHICAGO
FEBRUARY 6, 2027 CSG @ SCHAUMBURG CONV. CENTER
MARCH 6, 2027 GLCC @ SCHUAMBURG CONV. CENTER
APRIL 17, 2027 U.S. FINALS @ TBD CHICAGO
FORMULA CHEER SHOWCASE: APRIL 17, 2027

PREP- NOVICE LIMITED TRAVEL

<u>JUNE 1ST</u>	\$250	\$100 Practice Wear
<u>JULY 1ST</u>	\$250	\$155 Uniform Rental
<u>AUGUST 1ST</u>	\$250	\$30 Music & \$70 Choreography
<u>SEPTEMBER 1ST</u>	\$250	\$USASF Fee- Directly to USASF
<u>OCTOBER 1ST</u>	\$250	\$35 Competition Bow
<u>NOVEMBER 1ST</u>	\$250	\$100 Coaches Travel Fee
<u>DECEMBER 1ST</u>	\$250	
<u>JANUARY 1ST</u>	\$250	
<u>FEBRUARY 1ST</u>	\$250	
<u>MARCH 1ST</u>	\$250	
<u>APRIL 1ST</u>	\$250	

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<u>OCTOBER 1ST</u>	\$270	\$40 Competition Bow
<u>NOVEMBER 1ST</u>	\$270	\$100 Coaches Travel Fee
<u>DECEMBER 1ST</u>	\$270	
<u>JANUARY 1ST</u>	\$270	
<u>FEBRUARY 1ST</u>	\$270	
<u>MARCH 1ST</u>	\$270	
<u>APRIL 1ST</u>	\$270	

PREP- NOVICE LIMITED TRAVEL BREAKDOWN: MONTHLY \$250 TUITION & COMPETITON FEES: \$2,750 JUNE- APRIL

ADDITIONAL EXPENSES MANDATORY

- \$100 Practice Wear
- \$155 Uniform Rental
- \$30 Music & \$70 Choreography
- \$USASF Fee- Directly to USASF
- \$35 Competition Bow
- \$100 Coaches Travel Fee

PREP- LIMITED TRAVEL BREAKDOWN: MONTHLY \$270 TUITION & COMPETITON FEES: \$2,970 JUNE- APRIL

ADDITIONAL EXPENSES MANDATORY

- \$100 Practice Wear
- \$155 Uniform Rental
- \$30 Music & \$70 Choreography
- \$USASF Fee- Directly to USASF
- \$40 Competition Bow
- \$100 Coaches Travel Fee

\$20 late fee after the 7th of each month
Tuition and fees will be even distributed throughout the month season. If Additional Expenses are needed/wanted they then will be added to your monthly dues.

OPTIONAL FEES:

BASKETBALL JERSEY \$90

FORMULA CHEER BACKPACK \$175

FORMULA CHEER MEMBER INFORMATION:

ATHLETE INFORMATION:

Athlete Name:

D.O.B. (Age as of December 31st, 2025):

M/F:

School:

Grade:

ATHLETE QUESTIONNAIRE:

Have you cheered before? Yes__ No__ if so where?

What level were you on most recently?

PARENT INFORMATION:

Parent/ Guardian Name:

E-mail:

Home Address:

City:

Zip:

Phone #:



POLICIES

JUNE-AUGUST

- Each athlete is allowed 2 “freebie” absences during the summer.

All planned absences must be submitted at least two weeks in advance and are not guaranteed to be approved.

During the summer session, if a vacation causes your athlete to miss more than 2 practices, there will be a \$25 fee per additional week missed.

AUGUST-APRIL

- Each athlete is allowed 2 “freebie” absences during the school year. Additional vacation requests during the school year that are not listed in this packet—and result in more than 2 missed practices—will count toward your athlete’s 2 school-year freebies.
- For mandatory school events, a note from the school district is required stating the athlete’s required attendance and the reason for the absence.
- During competition season—14 days prior to a competition—athletes are expected to attend practice, even if they are not feeling well. If an athlete is sick, they should only participate in the portions of practice that are necessary, such as making changes or completing required stunts. Last-minute changes to routines are often necessary, and missing practice can negatively impact the team.

VACATION DATES

Please indicate your vacation plans for our season.

Date:

Date:

PRIVATE INSTRUCTION POLICY

Formula Cheer’s certified coaches offer private lessons in tumbling and stunting. Prices vary by instructor.

A list of instructors, their specialties, and contact info will be available via email at formulacheerinfo@gmail.com or on the Band app once the season is set.

Scheduling and payment are arranged directly with the instructor.

Requirement: Athletes must be enrolled in a Formula Cheer class or team during the 2026–2027 season to receive private instruction.

Parent/Guardian Signature: _____ Date: _____



PAY AUTHORIZATION

Athlete Name:

Parent/Guardian Name:

Address:

City:

State:

Zip:

Phone number:

I _____ authorize Formula Cheer to charge my credit card below on agreed upon charges. I understand that my information will be saved on file for future transactions on my account.

PRINT NAME OF PARENT/LEGAL GUARDIAN:

SIGNATURE OF PARENT/LEGAL GUARDIAN:

Parent/ Gaurdian Information:

Credit/ Debit Card: _____

Account #: _____

Name on credit card: _____

Exp. Date: _____

CVC Code: _____

Billing Address, City, State, Zip:

SIGNATURE OF CARD HOLDER:



UNIFORM RENTAL

Terms and conditions

This Uniform Rental Agreement is entered into on June 1, 2026 by and between Formula Cheer and Athletes Name _____.

1. Formula Cheer agrees to rent the following uniforms to the Athlete:
- Formula Cheer Uniform Shell & Skirt
2. The rental period shall commence on June 1, 2026 and terminate on April 26, 2027.
3. The parent/ guardian agrees to pay Formula Cheer a rental fee of \$155.00 for the entire rental period.
4. Care of Uniforms: The athlete agrees to take proper care of the uniforms and return them in the same condition as received, reasonable wear and tear excepted. The renter must Dry Clean the uniform before returning April 26, 2027.
5. Failure to return on time will result in a charge for the full uniform price of \$385.00. The parent/guardian shall notify the Owner in advance if an extension is needed.
6. The uniforms remain the property of Formula Cheer. The athlete shall not alter or modify the uniforms in any way.

Signature: _____ Date: _____



LOGO USE & BRANDING AGREEMENT FORM

All logos, branding, and visual assets associated with Formula Cheer are the exclusive property of the organization and may not be used, reproduced, or altered without written permission from the Director/ or Owner

By signing this contract, you acknowledge and agree that:

- The Formula Cheer logo and name may not be used on any apparel, merchandise, promotional materials, or social media accounts unless explicitly approved.
- Unauthorized use of the logo or branding elements is strictly prohibited and may result in removal from the program and/or legal action.
- Any custom team apparel, gifts, or signage featuring Formula Cheer branding must be ordered through or approved by the program director/ Owner to maintain brand consistency and integrity.

We appreciate your cooperation in helping protect and uphold the Formula Cheer brand.

Print Name of Parent/ Legal Guardian:

Signature of Parent/ Legal Guardian:



FINANCIAL AGREEMENT

I _____ parent of _____,
(Print name of parent/legal guardian) (Print name of athlete)

___ I realize my child may be removed from my team for excessive absences or tardiness at the discretion of the coach without refund of all fees paid. 4 tardies (5 minutes after start time without communication) equal one unexcused absence.

___ I understand that there are no refunds or prorating of any fees for any reason.

___ Additional practices may be added prior to large competitions. I understand there is no additional charge for additional practices. Practice schedules may also be adjusted if there are excessive athlete absences.

___ Practices may be canceled due to holidays, competitions, or inclement weather, and no refunds will be given.

___ I will be charged the monthly tuition for the rest of the season if I choose to leave the program.

___ I understand that each athlete is allowed 2 "freebie" absences during the school year and 2 during the summer. All planned absences must be submitted at least two weeks in advance and are not guaranteed to be approved. During the summer session, if a vacation causes your athlete to miss more than 2 practices, there will be a \$25 fee per additional week missed. Any additional vacation requests during the school year that are not listed in this packet—and result in more than 2 missed practices—will count toward your athlete's 2 school-year freebies.

___ I understand that I am required to put a debit/CC on file for tuition charges. If you would prefer to not include that information on this form, you can access your online account and save that information under the "manage my payment options section".

___ I understand that I am subject to a late fee charge of \$20.00/month after the 7th of the month. Excessive tardiness in payments will be grounds for my child not competing, possible dismissal and my account being sent to a professional collections agency.

___ I understand that my account must be cleared at a – 0 – balance prior to my child participating in practice or a competition. I realize that if I choose to leave the team or if I am asked to leave the team for any reason before the season is over, all monies that have been deposited for me are completely non-refundable including uniform, clothing, and unused competition fees. A 30- day written notice will need to be provided for billing to stop. On the 1st of the month if notice is not received, that months tuition must be paid in full prior to leaving the program.

___ Formula Cheer reserves the right to remove athletes from the program if their financial obligation is not upheld. Athletes with past due balances that exceed 30 days may not participate in private lessons, classes, and/or team practices until the account is brought current. Past due balances that exceed 120 days will be sent to a third party collection agency for which charges will apply, and the parent will be solely responsible for the total amount.

___ I understand that all travel fees are non-refundable and do not hold Formula Cheer responsible for any changes additions to travel plans. Formula Cheer will provide travel days when releasing the competition schedule to help make travel expectations understood.

___ I will be responsible for returning rental uniform on required date of April 26, 2027.

___ I understand that if I choose to leave the team or if I am asked to leave the team for any reason before the season is over, Formula Cheer uniform must be returned immediately of athlete's departure.

___ I understand that I am expected to attend assigned team performances within the competition schedule. If I am unable to attend, I will communicate with the coaching staff in advance.

___ I understand and agree to the above financial policy.

Parent/Guardian Signature: _____ Date: _____



Formula Cheer Code of Conduct and Participation Agreement

Athletes who join a team after the initial practices will have to pay a significant portion of their missed tuition to "catch up" on some of the items that are spread out over the entire season. Cost may vary depending on team and commitment level. I understand the time commitment necessary to be a part of the Formula Cheer program and agree to attend all functions.

Appearance

- o I will not wear any jewelry to practices, performances, or events. I will not get any new piercings once the season begins.
- o I will keep my uniform, practice wear, and shoes clean for all events.
- o I realize that I must dress in proper competition attire at all competitions and team functions

Practice

- o I will make it my responsibility to learn any choreography or material missed before the next practice.
- o I will refrain from unnecessary conversation during practice. No cell phone use is allowed during practice.
- o I will refrain from bringing food and drinks (except water) into the gym. I also realize that gum is strictly forbidden in the gym.
- o I will not allow any persons (family members and friends included) to distract me or interrupt me during my practice session. In return, I will not interrupt any other team practices.
- o For safety: hair must be pulled back in a ponytail, away from the face, fingernails should be trimmed short.
- o A t-shirt/ Sport bra, shorts and cheer shoes are required clothing for practice. Do not wear sweat pants, leggings or spaghetti strap tops.

Skill Check-in

- o Summer: Skill check-in's will be once a week, I must throw my highest skill that was performed at evaluations. If athlete does not throw skill two weeks in a row, athlete may be moved down a level based on coaches discretion.
- o Fall: Skill check-in's will occur during full out routines or at competition once athletes have gone through choreography. I understand that I must throw my skills in full out routines/ competition. If skills are not thrown two times in a row, athlete may be moved down a level based on coaches discretion.
- o Skill check-ins will be with athlete and coach. If further notification is needed we will contact guardian via e-mail.

Competitions

- o I realize that I must be courteous to all officials, coaches, hosts, and competitors at team functions. In addition, I will accept my team placement in a dignified manner with no criticism or comments.
- o Team members must be prompt to competition locations as per competition information e-mails.
- o Please be competition ready (fully dressed) at the specified meet time unless otherwise instructed by your team coach.
- o Team member's hair and make-up should be worn according to the standard set by Formula Cheer. No unnatural hair color is allowed. All jewelry must be removed. Competition companies will not let you take the floor while wearing jewelry.
- o I will give my belongings to someone who is not on the team to hold until the competition is over.
- o I will attend every awards schedule. I will not chew gym, bring food, or a phone to the awards ceremony.
- o I understand that if I do not attend awards ceremony, I will not be given a medal.

Attendance

- o I agree to be punctual to all cheerleading practices, competitions, and performances. On time is being on the mat, with shoes on when practice begins.
- o I will have my parents notify the coaches of all expected absences at least two weeks prior to the absence by e-mail. I am allowed 2 "freebie absences " During the summer and 2 "freebie absences" during fall-spring. A missed practice will be unexcused if two-week notice is not given. No unexcused absences are allowed.
- o All planned absences must be submitted at least two weeks in advance / stated in packet and are not guaranteed to be approved. During the summer session, if a vacation causes your athlete to miss more than 2 practices, there will be a \$25 fee per additional week missed.
- o Additional vacation requests during the school year that are not listed in this packet—and result in more than 2 missed practices—will count toward your athlete's 2 school-year freebies.
- o Mandatory school events will need to provide a note stating reasoning for absence.
- o I realize if I do not attend practice 14 days prior to a competition, I will not be able to compete.
- o During competition season—14 days Prior to a competition—athletes are expected to attend practice, even if they are not feeling well. If an athlete is sick, they should only participate in the portions of practice that are necessary, such as making changes or completing required stunts.-minute changes to routines are often necessary, and missing practice can negatively impact the team.
- o If I am sick, my parent must notify my coach via e-mail by 3:00 pm for school year practices.
- o I will always attend Formula Cheer regular and extra practices. I understand that my team depends on me and I will not miss due to homework, other activities, and other nonemergency situations.
- o I will keep my coach personally informed of any injuries I have that could prevent me from participating at a practice or event.
- o I realize that only excused absences are allowed. I also realize that having an injury that prevents me from practicing does not excuse me from attending practice. A doctor note is required to sit out of practice after the first missed practice.
- o I realize that my commitment to the Formula Cheer program takes priority over any other activities in which I am involved.
- o I will not attend ski club or any high-risk activity the week of a competition. I will consult with my coach on dates I may attend ski club.

Behavior

- o I will not use foul language or behave inappropriately. Unsportsmanlike behavior or disrespect to another athlete or team is inappropriate and will not be tolerated. Resulting in removal of Formula Cheer Program.
- o I will set a positive example whether in or out of my uniform.
- o I will always treat my fellow teammates and my coaches with respect.
- o I will personally discuss any problems I have with my coach.
- o Tobacco, alcohol, and illegal substance consumption will result in immediate dismissal from our program.

Misc.

- o I realize I may be removed from my team for excessive absences or tardiness at the discretion of the coach without refund of all fees paid.
- o I realize that the Formula Cheer organization is not responsible for my lost belongings.
- o I understand that it is the team that succeeds together and fails together.
- o I understand that I may not post any part of our routine, performance, or practices on social media.
- o I realize that all my coaches' decisions on uniforms and competition schedules are final and are not up for discussion.

I understand that if I break any of the Formula Cheer Team member guidelines as outlined in this agreement, I could lose my right to perform and/or lose my position as a Formula Cheer cheerleader. Under these circumstances I will not be entitled to any refunds.

Any violation in the above list of expectations may lead to removal from the Formula Cheer team.

Cheerleader Signature _____ Date _____



Formula Cheer Parent Code of Conduct and Agreement

I am aware of the time commitment necessary for my child to participate in the Formula Cheer Cheerleading Program. Athletes who join a team after the initial practices will have to pay a significant portion of their missed tuition to “catch up” on some of the items that are spread out over the entire season. Cost may vary depending on team and commitment level. Some teams will stay locally, while others will compete farther away.

Finances

- o I realize my child may be removed from my team for excessive absences or tardiness at the discretion of the coach without a refund of all fees paid. 4 tardies(5 minutes after start time without parent communication) equal one unexcused absence.
- o Anyone threatening to quit will be asked to leave immediately; no refunds will be given.
- o I will be responsible for all fees associated with my child being a part of Formula Cheer. These fees include monthly tuition, choreography, music, coaches fees, uniform/bow, registration fee, spectator fees, and travel expenses.
- o I will be responsible for returning rental uniform on required date of April 22,2027.
- o I understand that if I choose to leave the team or if I am asked to leave the team for any reason before the season is over, Formula Cheer uniform must be returned immediately of athlete’s departure.
- o I understand that my account must be cleared at a – 0 – balance prior to my child participating in practice or competition. I realize that if I choose to leave the team or if I am asked to leave the team for any reason before the season is over, all monies that have been deposited for me are completely non-refundable including uniform, clothing, and unused fees. I will be charged the monthly fee for the season if we do not find a replacement.
- o I understand Formula Cheer is like no other business. We value our customers, and we base our decisions solely on the needs of the team. Customers hire us because we know what is best for the team and their child, as a member of the team.
- o I understand that I am responsible for all Mandatory fees for the season.

Team Aspects

- o I understand that all coaching decisions are made by the Formula Cheer coaching staff, and I fully support those decisions; I will not interfere with the coaching of Formula Cheer at practices or performances.
- o I understand that my athlete is not allowed to miss practices up to 14 days prior to a competition. I understand that if my athlete does miss a practice, he/she could be replaced in the routine for that event.
- o I will not discuss my personal coaching issues with another parent or my child.
- o A true family supports each other in all situations. We, at Formula Cheer like to think of you as our family. Please take the time to support all teams at the competitions. The athletes appreciate the cheers, and it creates a strong presence.
- o I will not place the blame of a weak performance or missed skill in a routine on my child or any other Formula Cheer athlete. I understand that my child’s team succeeds together and fails together.
- o I will respect the duties of the Formula Cheer staff. I will not approach them at any event in a negative manner.
- o Parents are expected to set an example to not only their own athletes but to all our team members. Please make sure that your actions do not interfere with the responsibilities that you have as a representative of Formula Cheer.
- o If I have a problem concerning the coaching of MY CHILD, I will personally direct my issue via e-mail to my coach away from the gym, practice site, performance, or any Formula Cheer event.
- o I will direct my complaints, problems, and sensitive issues regarding the coaches and program directly to Shaina Schultz via e-mail.
- o I am aware that challenges will make the team, and ultimately my child, a better athlete.
- o I will not allow my child to attend ski club or any high-risk activity the week of any competition or performance.
- o I will wait 24 hours to approach coaching staff via email if I have concerns regarding the team.

Attendance

- o I will be sure that my child attends all regularly scheduled practices and is on-time. In addition, I will be sure that my child is available to attend extra practices the weekend prior to and the week of any Formula Cheer performance or event.
- o I understand that my child will be given two “freebie” absences throughout the entire season. I will use them wisely as I know that any absence negatively affects the team. They may not be used 14 days prior to a competition.
- o I will e-mail my child’s coach by 3:00 p.m. if my child is sick and cannot attend practice. I will Formula Cheer at 224-228-3320 and leave a message for my child’s coach if I cannot e-mail prior to 3:00. I will explain the absence in my message.
- o I understand that I am not allowed in the coaching area (gym or competition facility) during a team practice. I am aware that this includes pre-warm-up, warm-up, & team discussions at competitions.
- o I understand that my athlete is not allowed to miss practices 14 days prior to a competition. I understand that if my athlete does miss a practice, he/she could be replaced in the routine for that event.
- o I understand that (practices are closed to athletes and coaches only; unless invited) and the parent area is available for parents to occasionally watch the progress of practices. I will only speak positively about the program and/or coaches. In addition, I will not comment or give my opinion regarding any Formula Cheer athlete, the practice, or the routine.

Competitions

- o I will not approach competition judges or officials at any event. I understand that competition judging is subjective, and I may not agree with the outcome of judging scores. Parents should not have any contact with a competition official for any reason.
- o I will represent the Formula Cheer program at competitions and events with good sportsmanship. I will only speak positively about the program as well as competitors.

Misc.

I will not post any Formula Cheer routine, performance, or practice on social media until the season is over.
I understand that If I am caught talking negatively about athletes, coaches, or the Formula Cheer Program my athlete will be removed from the program, no refunds will be given

I understand that if at any time I should fail to follow the above or if I act in a manner that jeopardizes the name and reputation of Formula Cheer my child may be removed from the team. Any violation in the above list of expectations may lead to the removal of my child from the Formula Cheer team.

Parent Signature _____ Date _____

FAQ

Q: What is the advantage of doing this program instead of REC cheer?

A: We have professional USASF certified coaches that are dedicated to developing your athletes skills and technique. This will provide them with a competitive advantage when preparing for the next level of cheer whether its all star, middle school, or high school cheer.

Q: What surface do the athletes practice and compete on?

A: All practices and competitions will be on spring floor.

Q: Are there parent volunteer coaches?

A: We have professionally trained coaches that will lead all practices. Feel free to drop off and go!

Q: Will we cheer for any football games?

A: No. The Prep program will be focusing on developing every athletes tumbling, stunting, jumps skills to the highest competitive level. They will compete at competitions only.

Q: How is this different than Allstar cheer?

A: Allstar cheer requires a greater commitment during the week, additional expenses, more competitions, and out of state travel. Allstar cheer is recommended for athletes with more experience.

Q: Will there be any camps over the summer?

A: Yes! We work directly with local high schools such as Lake Zurich, Barrington, etc and we will have those dates out soon!

FORMULA CHEER LLC - Waiver Release Form
65 Oakwood Rd Lake Zurich, IL 60047

Please Print: All Names listed below are considered participants ("The Participants")

Parent/Guardian Name: _____ Last Name: _____

Parent/Guardian Name: _____ Last Name: _____

Home Phone: _____ Email 1: _____ Email 2: _____

Address: _____ City: _____ State: _____ Zip: _____

Child's Name: _____ Last Name: _____ Gender: _____ D.O.B. _____

Do any participants have any health concerns or allergies that we should know about?

(list whom as well) _____

Medical Release: My child has no physical or health conditions that would limit his or her participation in athletic activities or present a known and undue risk of transmitting any virus and/or disease to other participants in these activities. We hereby give permission for the Participants to participate in activities at FORMULA CHEER LLC ("the Club") and to work on all the necessary equipment. In the event of an emergency, I hereby authorize the Club and its employees, owners, agents and volunteers (collectively "Representatives") to take any steps they deem necessary to obtain emergency medical care for the participants and I hereby release FORMULA CHEER LLC and its Representatives from any liability, financial or otherwise, incurred during and for such emergency treatment.

Photograph Release: The Club's Activities may be photographed and/or videotaped. As parent or legal guardian, I give my permission to the Club for me and my child to be photographed and/or videotaped with the understanding that the photographs/video may be used for such purposes as training, video presentation, publicity, marketing and similar reasons.

Payment Release: Payment is required at time of reservation. No refunds are given for cancellations. Should you need to modify your participation, please contact the front desk and a credit to your account can be provided. If the Club's facility is forced to close temporarily due to a force majeure event, an "act of God", pandemic, virus, public health crisis or an unusual circumstance (i.e. power outage, etc.) parents will be notified via email, and social media as quickly as possible. Make up opportunities will be provided for these situations but you will not be entitled to a refund of your payment.

Release: I understand and acknowledge the risks and dangers associated with my, and/or my child's participation in the Club's activities including, without limitation, the potential for serious bodily injury and possible exposure to illness. I expressly assume all risks and responsibility for and damages, liabilities, losses, or expenses, including without limitation attorneys' fees and costs, which may result from or relate to me and/or my child's participation in events and activities at or sponsored by the club. I further release, waive, and discharge the Club and its Representatives from any claims, demands and actions of any kind and from any liability for injury or damages of any kind suffered by the above child by his/her participation in any of the Club's program, activity and other participation in any event the Club hosts, sponsors or which my child attends.

I further agree that if, despite this release, I, the minor, and/or anyone on behalf of me and/or the minor, makes a claim against any Representative as defined above, I will indemnify, defend, save and hold harmless each Representative from any litigation expenses, attorneys' fees, loss, liability, damage, or costs arising from or related to any such claim.

I expressly agree that this release and waiver intended to be as broad and inclusive as is permissible by the laws of the State of Illinois. If any portion of this agreement is held invalid, it is agreed that the balance of this waiver shall continue in full force and effect. I agree to comply with policies and procedures of the Club.

Representation of Authority of Parent or Legal Guardian - The undersigned represents and warrants to the Club that he/she is a participant or acting as parent or legally appointed guardian of all participants listed above. I understand that I may be required to provide proof that I am the parent or legally appointed guardian of all participants, if applicable. The Club reserves the right to terminate the participant's participation in the Club activities and events in its discretion without reimbursement for fees and costs previously paid to the Club.

Parent/Guardian Signature

Parent/Guardian Printed Name

Date